

***Nor-Cal Level 3 State
Meet Information for Parents***

Please read the following Meet Information very carefully as it contains important information, rules, and procedures for both the athletes and parents.

Venue

Red Morton Community Center
1120 Roosevelt Ave.
Redwood City, CA 94002

Facility Requirements

- Coaches, judges, event staff & spectators must wear facial coverings at all times inside the building. Bandanas, neck gaiters, mesh, or masks with valves are not permitted.
- Athletes must wear facial coverings at all times while not competing or warming up to compete.

Spectators ALL SPECTATORS MUST WEAR MASKS.

- Spectators please do not arrive more than 15 minutes before open warmup.
- Doors will open at 7:30am for Athletes and Coaches
- Spectators may NOT bring any food or drinks inside the building.
- Admission per session: Adults \$10; Children \$7; Seniors 65+ \$7; 5 & under free
- Spectators will need to exit building after each session for cleaning • Only TWO spectators per athlete will be admitted
- There is a live stream available for everyone who is not able to attend in person through Sport Scope Live. Here is the direct link to San Mateo Gymnastics' streaming page:
 - <https://www.sportscopelive.com/teams/?team=2lximoBIVZ3ggBob7oe9wA%3D%3D>
 - Tickets are \$15 per day, please send the link out to grandparents and other family members who would like to watch and support their gymnasts. Any issues from viewers please reach out to live@sportscope.com for the fastest response.
- We're excited to see everyone and it's going to be a great meet weekend!

Athletes

- Athletes will be required to wear face masks while inside the facility, except when competing or drinking water. During competition, athletes have the option to remove their mask while competing on an event
- MUST ARRIVE already dressed for competition (hair done) with a filled water bottle.
- Each athlete will need to bring a backpack that they will take with them when rotating in the gym.
- Athletes should bring their own personal box with chalk.
- Athletes must stay with their team and in their assigned team waiting areas.
- Athletes will be required to wear their masks to enter and exit the building, go to the restroom, and while waiting for their event and awards. We will follow the USA Gymnastics and current county guidelines.

Thank you,

San Mateo Gymnastics