



INDIVIDUAL EVENT SPECIALIST PETITION PROCEDURE TO 2023 REGIONAL CHAMPIONSHIPS

All Level 9 and 10 Individual Event Specialist petitions to the 2023 Level 9 and 10 Regional Gymnastics Championships must be e-mailed to all:

GIGI IAVARONE, Regional Technical Committee Chairman gigi.rtc1@cox.net 949.573.1654

SHANE McINTYRE, Regional Development Program Committee Chairman AGAshane@outlook.com 562.494.0087

PERRY SIU, State Administrative Committee Chairman norcalchair@gmail.com (415) 899-8275

Please use the subject line:
Petition_StateAbbreviation_Level_Athlete'sLastName

(Example: Petition_NorCal_10_Smith) **State Abbreviations:** AZ, NV, UT, SoCal, NorCal

Petitions must contain:

- 1) Completed, legible Injury Petition Form
- 2) Verification of qualifying score which must include:
 - a. Name of meet
 - b. Date of competition
 - c. Scores for events (up to 3) must be
 - 5 or higher and has been achieved during the current competitive season. Athlete must have been declared an Individual Event Specialist by the declaration date which must be prior to the State Meet.
- 3) Licensed Medical Professional's note which must include:
 - a. Written verification of illness or injury
 - b. Date of release for return to gymnastics activity
 - c. Signature of medical professional

WRITTEN REQUEST FROM THE COACH AND SCORE VERIFICATION ARE DUE NO LATER THAN 5:00 PM, MONDAY, MARCH 27

PHYSICIAN'S NOTE IS DUE NO LATER THAN 5:00 PM, WEDNESDAY, MARCH 29