

*Northern California Women's Gymnastics Association
Executive Board Meeting
Saturday, June 3, 2017
Courtyard Marriott Oakland/Emeryville*

Executive Board Meeting was called to order at 9:06 am by Chairman Perry Siu

Those present: Perry Siu, Mike Guzman, Penny Moyce, Donna Franzini, Evelyn Paradis, Darcie Fellows, Alexis Shipe, Robert Waroff, P.J. Slater, Scott Slater, Courtney Angle, Bill Strom, Jillian Sloanhoffer, Rod Radunzel

Perry Siu: **Thank you to the Handbook Committee** for the work on revising the Nor-Cal Handbook...Evelyn Paradis, Bill Strom, Perry Siu and Penny Moyce.

Thank you to the Zone Realignment Committee for their work on realigning the Nor-Cal Zones...Bill Strom, Mike Guzman, Robert Waroff and Donna Franzini.

Treasurers Report: *Bill Strom*

- Checking \$28,888.68
- Money Market \$41,607.07

NAWGJ State Director:

- Lori O'Dell will present her information at the General Meeting

USA Gymnastics NC-SAC: Evelyn Paradis

- Committees have worked very hard to Revise the Nor-Cal Handbook, and realign the Nor-Cal Zones
- Nor-Cal Members have worked together to attain the goals, and perform well at Western and J.O. Nationals.
 - 900 Xcel athletes qualified to Regionals
 - 500 J.O. athletes qualified to Regionals
- From Jennifer Krause:
 - Level 6/7 Regionals will be Chandler, AZ (Arizona Dynamics) , the same weekend as Xcel Regionals in Utah. March 20-22, 2018
 - Level 8-10 Regionals will be in Reno, NV (Delchev)
 - Region 1 J.O. Training Camp at Edge is FULL.
 - Region 1 Xcel Training Camp at Champion has 23 athletes signed up. If the numbers do not increase to at least 50, that Camp will be cancelled.
 -

Calendar

- Thank you P.J. Slater for putting the Nor-Cal Calendar together.
- Nor/Cal Membership Fees are due now...and must be paid By July 31st.
- Membership forms are updated and available online <http://norcalgym.org/>.
- Non-paying Clubs in Nor-Cal may not be allowed to participate in Nor-Cal sponsored events

Website

- Clubs need to send information that needs to be posted on the website to Bill Strom.
 - Meet results, Elite qualifiers, awards, etc.
 - Keep the website up to date
- Pictures should be in landscape format
- If you find any errors, or have comments/ideas about the website, please contact Bill Strom bill@gymtowne.com.

Education Committee Chair: Donna Franzini

- Working to set up a FALL education program to cover current issues such as concussion protocol.
- Woodward Training Camp was a success.
 - The athletes got to know each other, and felt more confidence at Westerns and Nationals competing with their peers.
 - Financial
 - Money spent on high level coaches was well worth the expense
 - The biggest cost is for the travel expenses for these coaches.
 - Income was \$35,000
 - The cost of camp includes meals and lodging for the athletes.
 - Costs include the bus, food, lodging and Donna's stipend.
 - This year the cost will be \$310 per athlete, 125 athletes (10 per squad).
- **PROPOSAL** from Donna, second Mike Guzman
 - That Nor-Cal continue to budget \$12,000 to subsidize Woodward Training Camp
 - **PASSED**

Awards Chairman Kim Kor

- State Championship banners will go through A-1 Awards.
- Individual State Championship plaques form needs to be filled out by the Meet Director, and sent to Kim.

Upcoming Events

- Region 1 Training Camps
- J.O. at Edge, June 24-25, is FULL
- Xcel at Champion needs at least 50 participants, or it will be cancelled

Elections

- *Nor/Cal Board Positions to be voted on*
 - Vice Chairman Shaw Carter
 Mike Guzman
 - Treasurer Bill Strom

Nor-Cal Awards

- Certificates were sent out to the nominees
- Will be announced at the General Meeting

Proposal from Mike Guzman

- Zone Realignment
 - Balance numbers
 - Use geographical latitude and longitude lines to designate North/South and Zones.

- Zones are for representation of Clubs/Athletes
- Will be revisited every Olympic year

SECOND by Robert Waroff
 PASSED

Proposal from Perry Siu

- Nor-Cal Handbook revisions will be presented at the General Meeting

Proposal from Robert Waroff

- To pay Region 1 the cost of the Level 9 apparel package for Westerns, \$5,000.
 - The Region 1 Board has asked for payment as Regions are not allowed to pay for Westerns apparel.

SECOND by Mike Guzman
 PASSED

Proposals from Penny Moyce

- **Level 3 State Team Members should receive the same State Team Jacket** (or other apparel) that is awarded to all other State Team Members (Compulsory, Optional and Xcel).
 - Top 3 Athletes overall at the Nor-Cal Level 3 North State Championships
 - Top 3 Athletes overall at the Nor-Cal Level 3 South State Championships

SECOND Robert Waroff
 PASSED

Qualification to J.O. State (no changes)

- Level 3 34.50 at any USA Gymnastics Sanctioned Meet
- Level 4 34.50 at any USA Gymnastics Sanctioned Meet
- Level 5 32.00 at any USA Gymnastics Sanctioned Meet
- Level 6-10 32.00 at any USA Gymnastics Sanctioned Meet

Motion to adjourn... Robert Waroff
 Second...Darcy Fellows
 Meeting adjourned...12:56pm

***Northern California Women's Gymnastics Association
 General Meeting
 Saturday, June 3, 2017
 Courtyard Marriott Oakland/Emeryville***

General Meeting called to order at 1:14 pm by Chairman Perry Siu

Quorum achieved

NAWGJ State Director: Lori O'Dell

Lori was unable to attend, but left the following message:

- As of June 1st, the balance in the NAWGJ checking account is \$126,961.38. Balance in

savings is \$32,257.94, for a total balance of \$145,947.90.

- There is a local judges test coming up on July 23, 2017. Evelyn will be administering the exam at Pac West. Please email her if you or anyone you know would like to register, and remember you still have to register through USAG as well to be officially on the roster to test that day.
- Fall Judges Cup will be at Technique again this year on the weekend of August 26th. We'd love to see everyone there!
- And National Judges Cup will be in Portland, Oregon January 5th-7th, so a much easier trip for us here on the west coast! It would be great to have a lot of NorCal teams there, so please consider this meet when finalizing your schedules if you haven't already done so.

Thank you, have a great summer and I'll see you all soon!

Lori

USA Gymnastics NC-SAC: Evelyn Paradis

- Level 6/7 Regionals will be Chandler, AZ (Arizona Dynamics) , the same weekend as Xcel Regionals in Utah. March 20-22, 2018
- Level 8-10 Regionals will be in Reno, NV (Delchev)
- Region 1 J.O. Training Camp at Edge is FULL.
- Region 1 Xcel Training Camp at Champion has 23 athletes signed up. If the numbers do not increase to at least 50, that Camp will be cancelled.

Treasurers Report: Bill Strom

- Checking \$28,888.68
- Money Market \$41,607.07
- Profit/Loss statement available online
- If you see errors on the report let Bill know

Updates

- Calendar...thank you P.J. Slater for all your work putting the calendar together.
- Thank you to Bill Strom for continuing to keep the Nor-Cal website up to date.
 - Let Bill know if there is anything missing, corrections, links that don't work, etc.

Education Committee Chair: Donna Franzini

- Working to set up a FALL education program to cover current issues such as concussion protocol.
- Woodward Training Camp September 8-10, 2017
 - Registration deadline is July 8, 2017
 - 125 Athletes last year...same number will be accepted this year
 - Level 9-10, and Level 8's who are ready for Level 9
 - The athletes got to know each other, and felt more confidence at Westerns and Nationals competing with their peers.
 - Busses will come from the Bay Area
 - Coaches meals will be at the lodge, Athletes meals will be in the gym area
 - Expected to attend: John Carney-Univ. of Minnesota, Tom Farden-Utah, Mary Wright, Tammy Ross
 - This year the cost will be \$310 per athlete, 125 athletes.

Elections

- Voted in by acclamation
 - Vice Chairman Mike Guzman
 - Treasurer Bill Strom

Upcoming Events:

- Region 1 Training Camps (see notes from Evelyn Paradis)
- Woodward Training Camp (see notes from Donna Franzini)
- National Congress August 17-19, 2017 in Anaheim, CA

Holly Thomas GK Rep

- There is no exact date to order apparel...get orders in by the end of June
 - Special orders as well as stock orders
- Early buy discounts, before August, set by cost not by quality
- GK has a partnership with Disney...initiatives are available for owners, boosters, pro-shop
- See Holly for questions

Elections

- Vice Chairman Mike Guzman
- Treasurer Bill Strom

Nor/Cal Awards

- Compulsory Coach of the Year Alan Fusilero (Twisters)
- Choreographer of the Year (tie) Judy Zhou (West Valley)
 Natalie Guzman (CYC)
- Optional Coach of the Year David Seiler (Head Over Heels)
- Don Nelson Award Penny Moyce (San Mateo)
- James Wallace Memorial Award Andrea Finkbiner (Liberty)
- Club of the Year CCGI
- Perpetual Trophy San Mateo

Qualification to State Championship

All levels must qualify at a USA Gymnastics Sanctioned meet

- Level 3 34.50 All Around Guarantee of 360 gymnasts at State
- Level 4 34.50 All Around Guarantee of 360 gymnasts at State
- Level 5 32.00 All Around Guarantee of 360 gymnasts at State
- Level 6 through 10 32.00All Around

Proposal by Penny Moyce

Qualification to Xcel State Championships (same score as the qualifying score to Xcel Regional Championship)

- Bronze and Silver 34.00 All Around at any USA Gymnastics Sanctioned meet
- Gold 33.00 All Around at any USA Gymnastics Sanctioned meet
- Platinum and Diamond 32.00 All Around at any USA Gymnastics Sanctioned meet

SECOND Mike Guzman

PASSED

Proposal from Penny Moyce

- **Level 3 State Team Members should receive the same State Team Jacket** (or other apparel) that is awarded to all other State Team Members (Compulsory, Optional and Xcel).
 - Top 3 Athletes overall at the Nor-Cal Level 3 North State Championships
 - Top 3 Athletes overall at the Nor-Cal Level 3 South State Championships
- PASSED by the Executive Board

Proposal by Penny Moyce

- **All Around Awards awarded at Nor-Cal State Championships:**
 - J.O. Compulsory Level 3/4/5 Award 100% for All Around
 - Xcel Bronze, Silver and Gold Award 100% for All Around
 - J.O. Optional Level 6/7/8/9/10 Award 75% for All Around
 - Xcel Platinum and Diamond Award 75% for All Around

SECOND Mike Guzman
PASSED

Proposal by Mike Guzman

- Level 4 State be one State Championship
 - Qualification 34.50 All Around at any USA Gymnastics Sanctioned meet
 - Guarantee of 360 participants (with a minimum score of 32.00 All Around)

Proposal from Mike Guzman

- Zone Realignment
 - Balance numbers
 - Use geographical latitude and longitude lines to designate North/South and Zones.
 - Zones are for representation of Clubs/Athletes
 - Will be revisited every Olympic year

SECOND by Robert Waroff
PASSED

Executive Board approved a \$5,000 payment to Region 1 for payment of Level 9 Westerns apparel.

Nor-Cal Handbook Revisions presented to the General Membership for approval.
PASSED

Proposal by Donna Franzini

- Allow Clubs to bid for meets two years out in order to secure facilities.

PASSED by the Executive Board

Proposal by Donna Franzini

- Create Level 2 State Championship

DEFEATED

Proposal from Mike Guzman

- Nor-Cal Scorekeeper rate for State Championships be raised to \$30 per hour for however

many hours they work the meet.
SECOND Susie Goodmanson
PASSED

Presentation by Dave Peterson

- The Xcel Boys Program...look for information coming out soon. If you have questions, please contact Dave.
 - No Regional Championships...State is the last competition

Proposal from Mike Guzman

- To raise the Nor-Cal Athlete Registration fee to \$12 effective for the 2017-2018 Season
SECOND Robert Waroff

Proposal from Abra Slater

- To require Level 2 to pay the \$12 Nor-Cal Athlete Registration fee
SECOND
PASSED

Proposal from Jennifer Engle

- ~~Create a Level 3 State Championship~~
SECOND Abra Slater
DEFEATED

Adjourn to Zone meetings

**Second Executive Board Meeting
Called to order at 4:10 pm**

2017-2018 Zone Reps

- Zone 1 Darcie Fellows
- Zone 2 P.J. Slater
- Zone 3 Robert Waroff
- Zone 4 Natalie Guzman
- Zone 5 Matt Hodges
- Zone 6
- Zone 7 Jillian Silverman
- Zone 8 Mimi Phene-McKellar

2017-2018 STATE HOSTS

Level 3 South	CCGI	Visalia Convention Center
Level 3 North	North Bay	Sonoma Fairgrounds
Level 4	TBD	
Level 5	San Mateo	Red Morton Community Center
Level 6/7 and Bronze	Technique	Jackson Sports Center
Level 8-10	TBD	
Xcel S/G/D/P South	Pacific West	Ren Morton Community Center
Xcel S/G/D/P North	Oroville	In House

Committee appointed to secure nominations for Nor-Cal Awards

- Mike Guzman, Abra Slater, Robert Waroff

Proposal from Matt Hodges

- Add Xcel Coach of the Year to Nor-Cal Awards

SECOND Abra Slater

PASSED

Meeting adjourned 5:04 pm

Respectfully submitted,

Penny Moyce

Nor/Cal Secretary

Northern California Women's Gymnastics Association
CLUB OF THE YEAR

Nominated Club must:

- Be in good standing with USA Gymnastics
- Be in good standing with Nor/Cal

Criteria to be considered for nomination, but not limited to:

- Competitive performance throughout the year
- Attendance at Nor/Cal bi-annual meetings
- Years in operation in Nor/Cal
- Competitive team improvement
- Community visibility (ie: community outreach, fundraising, volunteerism)
- Hosting Nor/Cal events, championships, clinics or camps

Nominations will be due TBD

The Club of The Year will be awarded at the Nor/Cal Fall meeting.